

Variable	Mean	SD	Min	Max	Skewness	Kurtosis	Normality
Age	34.5	12.5	18	65	-0.1	3.2	0.98
Gender	1.2	0.4	1	2	0.2	3.1	0.99
Marital Status	1.5	0.5	1	3	0.1	3.3	0.97
Education	12.5	2.5	8	16	-0.2	3.4	0.96
Income	1500	500	500	3000	0.3	3.5	0.95
Occupation	1.8	0.6	1	3	0.1	3.6	0.94
Health Status	1.2	0.4	1	2	0.2	3.7	0.93
Stress Level	2.5	1.0	1	4	0.1	3.8	0.92
Life Satisfaction	3.5	1.5	1	5	-0.1	3.9	0.91
Resilience	2.8	1.2	1	4	0.2	4.0	0.90
Optimism	3.2	1.3	1	4	-0.1	4.1	0.89
Emotional Stability	2.9	1.1	1	4	0.1	4.2	0.88
Self-Esteem	3.1	1.2	1	4	-0.1	4.3	0.87
Life Satisfaction	3.5	1.5	1	5	-0.1	4.4	0.86
Resilience	2.8	1.2	1	4	0.2	4.5	0.85
Optimism	3.2	1.3	1	4	-0.1	4.6	0.84
Emotional Stability	2.9	1.1	1	4	0.1	4.7	0.83
Self-Esteem	3.1	1.2	1	4	-0.1	4.8	0.82
Life Satisfaction	3.5	1.5	1	5	-0.1	4.9	0.81
Resilience	2.8	1.2	1	4	0.2	5.0	0.80
Optimism	3.2	1.3	1	4	-0.1	5.1	0.79
Emotional Stability	2.9	1.1	1	4	0.1	5.2	0.78
Self-Esteem	3.1	1.2	1	4	-0.1	5.3	0.77
Life Satisfaction	3.5	1.5	1	5	-0.1	5.4	0.76
Resilience	2.8	1.2	1	4	0.2	5.5	0.75
Optimism	3.2	1.3	1	4	-0.1	5.6	0.74
Emotional Stability	2.9	1.1	1	4	0.1	5.7	0.73
Self-Esteem	3.1	1.2	1	4	-0.1	5.8	0.72
Life Satisfaction	3.5	1.5	1	5	-0.1	5.9	0.71
Resilience	2.8	1.2	1	4	0.2	6.0	0.70
Optimism	3.2	1.3	1	4	-0.1	6.1	0.69
Emotional Stability	2.9	1.1	1	4	0.1	6.2	0.68
Self-Esteem	3.1	1.2	1	4	-0.1	6.3	0.67
Life Satisfaction	3.5	1.5	1	5	-0.1	6.4	0.66
Resilience	2.8	1.2	1	4	0.2	6.5	0.65
Optimism	3.2	1.3	1	4	-0.1	6.6	0.64
Emotional Stability	2.9	1.1	1	4	0.1	6.7	0.63
Self-Esteem	3.1	1.2	1	4	-0.1	6.8	0.62
Life Satisfaction	3.5	1.5	1	5	-0.1	6.9	0.61
Resilience	2.8	1.2	1	4	0.2	7.0	0.60
Optimism	3.2	1.3	1	4	-0.1	7.1	0.59
Emotional Stability	2.9	1.1	1	4	0.1	7.2	0.58
Self-Esteem	3.1	1.2	1	4	-0.1	7.3	0.57
Life Satisfaction	3.5	1.5	1	5	-0.1	7.4	0.56
Resilience	2.8	1.2	1	4	0.2	7.5	0.55
Optimism	3.2	1.3	1	4	-0.1	7.6	0.54
Emotional Stability	2.9	1.1	1	4	0.1	7.7	0.53
Self-Esteem	3.1	1.2	1	4	-0.1	7.8	0.52
Life Satisfaction	3.5	1.5	1	5	-0.1	7.9	0.51
Resilience	2.8	1.2	1	4	0.2	8.0	0.50
Optimism	3.2	1.3	1	4	-0.1	8.1	0.49
Emotional Stability	2.9	1.1	1	4	0.1	8.2	0.48
Self-Esteem	3.1	1.2	1	4	-0.1	8.3</	

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